

My name is Melusine Martin and I am doing this research as part of my PhD in Society and Culture at James Cook University and Paris-Sorbonne Université. With the advent of the Internet, we are spending more and more time inside on screens and less and less time outside in nature. I am investigating how people are trying to reconnect to nature in a digital context.

Doing this survey is voluntary and you can stop at any time without explanation. Your responses and any contact details you provide will remain strictly confidential. The results from the study will be stored securely on the James Cook University data hub, and used only for academic research, academic publications and conference presentations.

The survey should take about 14 minutes to complete. If you are interested in a follow-up interview, there is an option to leave your contact details at the end of the questionnaire. The follow-up interview is not compulsory, but for those who accept to do it, it will be a great way to go deeper into some of the concepts this survey introduces and it will be of great help for my research.

If you have any question, please contact me by email: melusine.martin@my.jcu.edu.au

Thank you for your time and support! And don't skip the last page of the survey as a surprise is waiting for you there.

* 1. Please confirm that you consent to participate as a respondent (note that you will not be able to proceed with the survey if you do not tick the box.)

☐ I understand that taking part in this study is voluntary and that I can stop my participation at any time without explanation or prejudice and can withdraw any unprocessed data I have provided as long as the information has not been submitted. I understand that any information I give will be strictly confidential and that no names will be used without my approval. I agree to the use of the research findings for research publications and conference presentations. I confirm that I am over 18 years of age and I acknowledge that once my information is submitted it will not be possible to withdraw the data.

FIRST, SOME QUESTIONS ABOUT YOU.

2. What is your age?

☐ 18-23 years old

☐ 50-64 years old

☐ 24-38 years old

☐ 65-74 years old

☐ 39-49 years old

☐ 75 years old and over

3. What is your country of birth?

4. What is the postcode and/or city of your place of birth?

5. What is your gender?

- ☐ Male
- ☐ Female
- ☐ Other

6. What is your current occupation?

7. What is the highest level of education you have completed?

8. Which of these best describes your average annual household income?

9. Where do you currently live (city/town and country)?

10. Was there a particular moment or event that made you change to a more environmentally friendly lifestyle?

- ☐ Yes
- ☐ No

Please specify:

11. If applicable, what year did you start sharing your experience about green lifestyle online (via social media, blog, website, etc.)?

NOW, SOME QUESTIONS ABOUT YOUR IDEAS ABOUT NATURE.

12. According to the American Wilderness Act of 1962, wilderness is defined as “an area where the earth and its community of life are untrammelled by man, where man himself is a visitor who does not remain.”

Do you agree or do you disagree with this definition?

- | | |
|--|---|
| <input type="radio"/> Strongly agree | <input type="radio"/> Disagree |
| <input type="radio"/> Agree | <input type="radio"/> Strongly disagree |
| <input type="radio"/> Neither agree nor disagree | |

Can you explain why?

13. Please can you give your own definition of "nature"?

14. Has your upbringing helped you to nurture a relationship with nature?

- ☐ Yes
- ☐ No

Can you please explain how?

15. Solastalgia describes the distress people experience when a home and its landscapes are negatively impacted (by urban transformation, pollution, road works, tree cutting, etc.). It also describes a yearning for nature, common to Western societies, as screen time is winning over green time. Have you ever experienced solastalgia?

☐ A great deal

☐ A little

☐ A lot

☐ Not at all

☐ Moderately

Can you describe your experience of solastalgia (in what context it happened, how you felt, etc.)?

16. Do you see yourself as being separate from nature or as being part of nature?

☐ Completely separate from nature

☐ Slightly part of nature

☐ Mostly separate from nature

☐ Mostly part of nature

☐ Slightly separate from nature

☐ Completely part of nature

17. Do you consider humans' modern creations (e.g. plastic, electricity, cars, smartphones, etc.) as being part of nature?

☐ Yes

☐ No

Can you please explain?

18. How do you distinguish between *nature*, *wilderness*, and *bush*?

19. Ecofeminism is a movement that sees parallels between the oppression of nature and the oppression of women. These parallels include, but are not limited to, seeing women and nature as property, and acknowledging that men dominate women, and humans dominate nature. Do you see yourself as an ecofeminist?

☐ Yes

☐ No

20. Do you consider yourself...? *(Tick as many boxes as necessary)*

☐ An ecologist

☐ An activist

☐ A feminist

☐ An ecofeminist

☐ None of the above

☐ Other (please specify)

21. The human/nature dualism is a prevalent concept in Western society that describes human and nature as being separate and distinct. For instance, we often believe that city and nature are opposite, or that humans are superior to plants. Do you think there is any truth to the concept of human/nature dualism?

☐ Yes

☐ No

Whether you answered yes or no, can you please justify your answer?



Living Nature in the Digital Age

LAST BUT NOT LEAST, SOME QUESTIONS ABOUT YOUR INTERNET USE.

22. In a typical day, how much time do you spend using the Internet?

- ☐ 1 hour or less
- ☐ 1-2 hours
- ☐ 2-5 hours
- ☐ 5-8 hours
- ☐ More than 8 hours

23. In a typical day, how often do you check your emails?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ Often
- ☐ Constantly

24. In a typical day, how often do you check social media (e.g., Facebook, Twitter, Instagram, Snapchat, etc.)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ Often
- ☐ Constantly

25. Do you periodically unplug and deliberately take a *digital detox* (for example, no digital technology after 7pm, no connection at all on Sundays, etc.)?

- ☐ Yes
- ☐ No

If you answered no, is it something you would like to do?

And, if you answered yes, can you please describe your routine?

26. Do you experience feelings of powerlessness due to the increasing prevalence of digital technology in everyday life?

☐ Yes

☐ No

27. Many researchers think that technology is changing our relationship with nature. In your experience, has digital technology helped you to have a deeper relationship with nature, or has it prevented you from having a deeper relationship with nature?

☐ It has helped me

☐ It has prevented me

☐ It has neither helped me nor prevented me

Can you please explain your answer?



Living Nature in the Digital Age

YOU HAVE REACHED THE END OF THIS SURVEY.

28. I am inviting survey participants to take part in follow-up interviews (via Skype, over the phone, or via emailed questionnaire.) If you are willing to be interviewed, please enter your contact details below.

Name

Email Address

Phone Number

29. Thank you for taking part in this survey, your contribution is very valuable to the research. As a token of my appreciation, I will be randomly selecting several participants for \$100 worth of iTunes and App Store vouchers. If you would like to be entered into the draw and win one of the vouchers, please enter your email below.

Email Address